

## Dr. Chandramma Dayananda Sagar Institute of Medical Education and Research (CDSIMER)

Ref No: CIR / ACA /2021 /0027 Date: 30/06/2021

To, The Parents / Students CDSIMER DSU,

#### Circular - COVID Protocols

Find enclosed the **Dos and Don'ts** of **COVID Protocols** to be followed at CDSIMER.

All the students are instructed to follow the same compulsorily.

Dr. A. C. Ashok Principal & Deah CDSIMER, DSU

#### Copy to:

- Pre-Clinical Departments
- Library
- Hostel

Dr. A.C. ASHOK MBBS, DNB, DA Principal & Dean Dr. Chandramm a Dayananda Sagar

Dr. Chandramm a Dayananda Sagar Institute of Medical Education & Research DSU, Devarakaggala Halli Village, Harohalli Hobli Kanakapura, Ramanagara Dist., Karnataka



# <u>Dr. Chandramma Dayananda Sagar Institute of</u> Medical Education and Research (CDSIMER)

# COVID PROTOCOLS TO BE FOLLOWED AT CDSIMER

## **DO'S**:

- At least one dose of vaccination against COVID-19 is compulsory. (Note: Any students not being vaccinated will provide an undertaking). Soft copy of the Vaccination certificate is a must to be shown to the warden at the time of Reporting.
- Physical distancing to be followed compulsorily.
- Use of Face Mask (**Preferably N95**) is mandatory inside the CDISMER premises. (**Students will be penalized with a fine for not wearing mask inside the CDSIMER premises**)
- Respiratory etiquettes to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing/sneezing with a tissue/handkerchief/flexed elbow and disposing off used tissues properly.
- Use of sanitizer before entering into the Lecture Hall, Laboratories, Gym, Library and Dissection Hall is mandatory.
- Always carry a personal sanitizer bottle.
- Compulsory use of Sanitizer after using biometric attendance.
- Submission of Hardcopy of the RTPCR Negative report to the Warden at the time of reporting to the Hostel is mandatory from all the 147 students.
  - o Students travelling from Bangalore / Ramanagara district to provide RTPCR report validity not more than 48 hours.
  - Students travelling from outstation to provide RTPCR report validity not more than 72 hours.

- Students should compulsorily be seated in alternate chairs inside the Lecture Hall.
- Preferably use of masks inside the hostel room during interaction with roommates.
- Students with any symptoms of (Cough / Cold / Fever / Difficulty in breathing) should inform the warden or mentor immediately.
- Maintain social distance even in the Mess.
- Carry your own water bottle.

### **DONT'S:**

- Avoid crowding at any place inside and outside the college premises
- Avoid walking inside the Hospital Area.
- Group sports need to be avoided inside the campus.
- Spitting shall be strictly prohibited.
- Avoid interaction at the Mess.
- Not more than 6 to 8 students should use the gym at any point of time.
- No overcrowding during the usage of Laundry
- Avoid sharing of Water and Food.