

Foundation Course for FIRST MBBS 2021-2022 BATCH

Time	9-10 AM	10-11AM	11-11.15 AM	11.15-12 Noon	12-1 PM	1-2PM	2-3PM	3-4PM	4-5PM
DAY 1	Inauguration, Institutional roles and regulation as per CDSIMER, 1st MBBS exam schedule, Internal assessment and attendance criteria, Academic portal, Hostel rules and regulations, Anti ragging policy. Medical Director, Dean, Warden (Boys Hostel And Girls Hostel)					Lunch	Introduction to departments All Pre-clinical Faculty	Outdoor Sports Dr Prithvi Ms Syamli S Dr Santhosh Achappa	
DAY 2	Principles of family practice Dr Yashaswini	Leadership Qualities Dr A C Ashok	Tea Break	Principles of ethics and humanities Dr Sundar	Professional development and ethics Dr Madan S Gaekwad	Lunch	Principles of adult learning Dr Santhosh Achappa	Group dynamics Dr Supriya	Scientific Club Dr Anisha B. Dr Mythri G. Dr Sahana Y
DAY 3	History of Medicine Dr Anil Kumar H	Interpersonal relationships (Behavioral attitude in hostel/Campus/Class room/ hospital) Dr Rajagopalan	Tea Break	Universal precautions, Biosafety, vaccine for health care Dr Anusuya devi	Health for nation needs, goals and policies. Dr Santhosh Y	Lunch	Career pathways and opportunities for personal growth Dr Madan G	IMG Goals and Roles Dr Anu Francis	Dramatics, Music and Dance Dr Aparna Mrs Kusuma Ms Uzma
DAY 4	Minimizing and managing stress Dr Neeraj	Introduction to research, Ethics in research Dr Pratibha Nadig	Tea Break	Gender based discrimination Dr Nagendra Prasad N	CBME- Introduction to new curriculum Dr Veena C N	Lunch	Student Mentoring and seeking help Dr Shilpa H D	How to read Medical Literature Dr Mythri G	Outdoor Sports Dr Prithvi Ms Syamli S Dr Santhosh Achappa
DAY 5	Professional and altruistic behavior Dr Amita Mukhopadhyay	Needle stick Injuries and blood spill management Dr Sharada devi Mannur	Tea Break	Importance of hobbies and extracurricular activities Dr Martin Lucas	Introduction to SDL Dr Sangeetha	Lunch	Time Management Dr Nirupama	Introduction to Yoga and Meditation Dr Venkatesh Murthy K T	Photography Mrs Rashmitha Vinayak Kamath

Dr. A.C. ASHOK MBBS, MS, DNB, DA
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DAY 6	Medical Professionalism Dr Rajagopalan S	Non discriminatory behavior towards patients with disabilities Dr Sridhar R	Learning Strategies Dr Puneeth Nagendra	Nutritional Challenges faced by Medical Students Dr Asha Benakappa	Introduction to local language Dr Shivamurthy N	Introduction to Essential Computer Skills for medical Students Dr Prithvi	Dramatics, Music and Dance Dr Aparna Mrs Kusuma Ms Uzma
DAY 7	White Coat Ceremony , Charak Shapath ALL PRECLINICAL FACULTY & HODS of all Departments				Lunch	TALENT SHOW MEU	Indoor Sports Dr Prithvi Dr Mythri G

- The number of hours covered in the week of foundation course-49 hours. The remaining 126 hours of foundation is reflected in the annual time table on Saturdays between 2 to 5 P.M in the first six months

MEU MEMBERS POSTED FOR FOUNDATION COURSE

SI NO	NAME OF THE FACULTY	DAYS ASSIGNED
1	Dr Shiva Murthy, Associate Professor, Department of Pharmacology	1
2	Dr Pranathi Aravind, Associate Professor, Department of OBG	2
3	Dr Veena C N, Associate Professor, Department of Physiology	3
4	Dr Santhosh Achappa, Associate Professor, Department of Community Medicine	4
5	Dr Sangeetha S, Assistant Professor, Department of Anatomy	5
6	Dr Mythri G ,Assistant Professor, Department of Physiology	6

Dr. Rajagopalan S
Medical Director
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CONVENOR
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